

FOOT CARE APPOINTMENTS

For people living with diabetes



5

Reasons to Prioritize Your Feet if You Are Living With Diabetes



NEUROPATHY

Damage to the nerves in the feet can cause unusual sensations and loss of feeling.



SKIN CHANGES

Dry skin may crack or peel, increasing the risk of infections.



CALLUSES

Thickened, hardened skin can cause pain and lead to ulcers.



POOR CIRCULATION

Can delay healing and increase the risk of serious complications.



OPEN SORES

Untreated sores can lead to severe infections, hospitalization, or even amputation.



We can treat warts, calluses, nail fungus, ingrown nails, foot pain, etc

Eligibility for Medical Foot Care

Our foot care clinics are available to **Mushkegowuk individuals** who:

- have a primary care provider for foot care follow-up (you do not need to be rostered patient in our clinic)
- are living with diabetes
- are unable to reach their feet
- are living with cancer
- are receiving immunosuppressants or are at risk for infection
- have a history of foot infections/ulcerations/ neuropathy
- have a history of Peripheral Vascular Disease (lack of blood flow to lower limbs) or complicated toenails (ingrown toenails)



Contact us to schedule an appointment: 705-269-6662

 MUSHKEGOWUK
COUNCIL

