

For people living with diabetes



Reasons to Prioritize Your Feet if You Are Living With Diabetes



Damage to the nerves in the feet can cause unusual sensations and loss of feeling.



Dry skin may crack or peel, increasing the risk of infections.



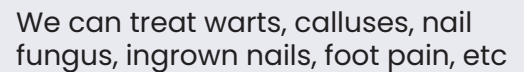
Thickened, hardened skin can cause pain and lead to ulcers.



Can delay healing and increase the risk of serious complications.



Untreated sores can lead to severe infections, hospitalization, or even amputation.



Our foot care clinics are available to **Mushkegowuk individuals** who:

- have a primary care provider for foot care follow-up (you do not need to be rostered patient in our clinic)
- are living with diabetes
- are unable to reach their feet
- are living with cancer
- are receiving immunosuppressants or are at risk for infection
- have a history of foot infections/ulcerations/ neuropathy
- have a history of Peripheral Vascular Disease (lack of blood flow to lower limbs) or complicated toenails (ingrown toenails)

