



Fetal Alcohol Spectrum Disorder

Resource Booklet

Caregiver Edition: *“Where to Get Started?”*

Special Needs Strategy

Mushkegowuk Health Department



Coordinated Service Planning (CSP) – MaMouPimoTayTaa

- Local support for families of children and youth from birth to end of school with multiple and/or complex special needs.
- Can assist with referring to appropriate services & applying for available funding.
- CSP will bring together service providers working with identified child or youth and develop a Coordinated Service Plan for each child/youth that identifies the family and child/youth's goals and to help to work towards those goals.
- **CSP Coordinator: Cynthia Koosees**, cynthiakoosees@mushkegowuk.ca 705-269-6662 ext. 418

Fetal Alcohol Spectrum Disorder Coordinator – MaMouPimoTayTaa

- Works with children and youth between the ages 0-18 and up to 21 if they are still in school; also works with children/youth with FASD, or suspected FASD
- Offers FASD diagnostic referrals
- Supports families with external programs
- Works with the family to achieve educational goals
- Advocates for the family and the individual living with FASD
- Supports healthy lifestyle education
- **FASD Program Coordinator: Caitlyn Small** – caitlynsmaill@mushkegowuk.ca 705-658-4222 ext. 130

Inspire Centre

Funded by the Ministry of Children, Community and Social Services. Provision of specialized programs and services; Speech & Language Services (SLP), Occupational Therapy (OT); Physiotherapy (PT) and Social Work (SW) outpatient clinical treatment, and support to children from birth to 19 and up to 21 years of age and their families/support systems.

- Timmins Office – 1 800 575 3210 for referrals & information
- **Occupational Therapist/Coordinator – Jessica Carter**, jcarter@inspirecentre.ca –
 - Moosonee office: 18 Bay Road Moosonee, ON P0L 1Y0. Phone (705) 264-4700 or 1-800-575-3210 ext. 306

NeoKids – FASD Clinic

The FASD Diagnostic Clinic serves children and youth in Northeastern Ontario between the ages of 3-17. Our clinic provides a multidisciplinary team including a Nurse Practitioner, Occupational Therapist, Psychologist, Social Worker and Speech and Language Pathologist to help understand how your child's brain processes information identifying their strengths and supporting their needs.



- **Self-referral form:**
<https://ocean.cognisantmd.com/intake/IntakePortal.html?eReqRef=df2ace4b-ccba-4d19-a19b-685734563cd1>
- **Provider referral form:** https://oceanhealthmap.ca/?rtRef=neo_kids_family-12778862
- For assistance, please call **NEO Navigation, Central Intake Team** at 705-523-7120.
- **Contact Information:** Health Sciences North, Ramsey Lake Health Centre, 41 Ramsey Lake Road, Sudbury, Ontario, P3E 5J1
 - **Phone:** 705-523-7120 ext 3508 or 3545 or
 - **Email:** neokidsacu@hsnsudbury.ca

Cochrane Temiskaming Resource Center

- The Infant and Child Development Program is a home-based, family-centered program that specializes in early intervention and assessment to support children in reaching optimal development. The Infant and Child Development program is voluntary and funded by the Ministry of Children, Community and Social Services. Services of Support include:
 - Case coordination
 - Early intervention
 - Developmental assessments and screens
 - Play based therapeutic programs
 - Transition to school
 - Home visits
 - Assistance with applications for funding
 - Linking to other services

For assistance with Referrals in **Cochrane & James Bay Region:**

Phone: (705) 272-2917 or **Email:** general@ctrc.on.ca

Potential Funding Opportunities

- **Disability Tax Credit**
 - Non-refundable tax credit that reduces the amount of income tax persons with disabilities or their supporting persons have to pay
 - Will need medical practitioner or psychologist to complete a section of the application
 - <https://www.canada.ca/content/dam/cra-arc/formspubs/pbg/t2201/t2201-18e.pdf>
- **Assistance for Children with Severe Disabilities (ACSD)**
 - Provides financial assistance to parents to help with costs related to their child's disability



- Funding eligibility is income-based
- Contact Regional Office for an application at Mary Reale 705 618 1341 or mary.reale@ontario.ca

- **Jordan's Principle Local Unit**

- Engage and educate communities on Jordan's Principle
- Assist and support families completing applications for funding and/or health and social services that their child or children are not receiving
- Provide follow-up support for families who have completed an application to ensure funding and/or health and social services are received quickly
- Contact **Jordan's Principle Coordinator - Kiana Jeffries at 705 658 4222** or kianajeffries@mushkegowuk.ca

- **Developmental Services Ontario**

- Developmental Services Ontario (DSO) is the access point for adult developmental services funded by the Ministry of Children, Community and Social Services (MCCSS) in Ontario.
- When you turn 18, your children's developmental services such as Special Services at Home, Assistance for Children with Severe Disabilities, and services through the Ontario Autism Program end. This means that you must apply through DSO to see if you are eligible to receive adult MCCSS-funded supports available in your community.

- **Developmental Services Ontario Northern Office:** Timmins, 60 Wilson Ave., Suite 103, Timmins, ON P4N 2S7
- **Contact Information:** Phone: 1-855-376-6376, Fax: 705-495-1373, TTY: 1-800-855-0511, Online: dso@handstfh.ca

Additional Support

- **CanFASD:** <https://canfasd.ca/>
 - Canada's source for evidence-based information on Fetal Alcohol Spectrum Disorder (FASD)
- **FASD Ontario:** <https://www.fasdinfo.ca/>
 - This website on FASD was developed by Health Nexus with funding provided by the Government of Ontario.
- **FASD Network:** <https://fasdontario.ca/>



- The FASD Ontario Network of Expertise (FASD ONE) is working to respond to emerging issues, changing environment, and available resources by focusing on priorities related to gaps or challenges associated with this complex disability.
- **Canadian Mental Health Association:** <https://www.camh.ca/en/health-info/mental-illness-and-addiction-index/fetal-alcohol-spectrum-disorder>
- **KidsHelpPhone:** <https://kidshelpphone.ca/>
- **Ontario Assessment and Diagnostic Clinic Contact List:** <https://canfasd.ca/wp-content/uploads/publications/ON-FASD-FAQ-Card-en.pdf>
- **FASD Support Groups:** <https://fasdontario.ca/service-areas/intervention-and-support/support-groups/>
- **Fetal Alcohol Spectrum Disorder:** <https://www.ontario.ca/page/fetal-alcohol-spectrum-disorder-fasd-programs-and-services>
- **“How to Explain an FASD Diagnosis to your child”:** <https://canfasd.ca/wp-content/uploads/2019/08/How-to-Explain-an-FASD-Diagnosis-to-your-Child.pdf>
- [Break it Down Board - Me & My FASD](#)

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